> If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.
> *— 1 John 1:9*

Book: New Testament / 1 John
Topics: confession, evil, faithfulness, purification, repentance, sin

Interpretation:
1 John 1:9 shows the importance of the act of confession in the life of a Christian. Confession is the act of acknowledging our sins and asking God to forgive us for them. According to the verse, if we confess our sins, God is faithful and just to forgive us and cleanse us from all unrighteousness. This act of humility and repentance is fundamental to maintaining a healthy and deep relationship with God.

What does it mean to confess your sins?

Confession means to acknowledge your sins to God and ask Him for forgiveness. It is an act of humility in which we put aside our pride and arrogance to acknowledge our sinfulness. By confessing our sins, we take responsibility for our actions and accept the consequences of them.

It is important to note that confession is not just a formality or an empty ritual. It must be accompanied by true remorse and a desire to change our behavior. We cannot ask forgiveness for our sins and continue to live the same way.

God's faithfulness and justice

The verse assures us that if we confess our sins, God is faithful and just to forgive us and cleanse us from all unrighteousness. These words show us God's great mercy and love for us. Despite our shortcomings, He is willing to forgive us and give us another chance.

It is important to emphasize here that God's faithfulness and justice are not separate aspects. He is faithful to His promise to forgive our sins if we confess and repent, but He is also just in His judgment of sin. God's justice is inseparable from His love and mercy. He forgives not because we deserve it, but because He is good and faithful to His Word.

Cleansing by confession

When we confess our sins, we not only receive God's forgiveness, but also His cleansing. The verse assures us that God will cleanse us from all unrighteousness. This means that when we ask for forgiveness, our sins are erased and our conscience is cleansed.

This cleansing has a very important consequence in our daily lives. When we are cleansed from our sins, we are free to live a new and restored life. We are no longer burdened with our guilt and shame, but can look to the future with hope.

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Attention! This is one of the possible interpretations based on the comments of famous theologians, which may differ from each other. If the interpretation is taken from other languages, then there may be a distortion of meaning when translating the language. *Matthew 7:7-8*

> No one who denies the Son has the Father; whoever acknowledges the Son has the Father also.
>
> *— 1 John 2:23*

Book: New Testament / 1 John
Topics: confession, acknowledging, Father, Jesus

Interpretation:
1 John 2:23 tells us about the importance of confessing the Son in order to have a relationship with the Father. When we deny Jesus as the Son of God, we forsake the path of salvation and eternal life.

Denying the Son is denying the Father

This verse reminds us that denying the Son also means denying the Father. That is, we cannot have a relationship with God unless we accept *Jesus as our Savior*. Jesus' death and resurrection are the keys to our salvation. Confessing the Son means accepting His redemptive work and acknowledging that He is the way, the truth, and the life.

How can we confess the Son?

Confessing the Son involves accepting His redemptive work and following His teachings. We must repent of our sins and trust Jesus as our Savior. We must also live according to God's commandments, love our neighbors, and share the message of salvation with others.

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translating the language. *Matthew 7:7-8*

> Fight the good fight of the faith. Take hold of the eternal life to which you were called when you made your good confession in the presence of many witnesses.
>
> *— 1 Timothy 6:12*

Book: New Testament / 1 Timothy
Topics: confession, acknowledging, Eternal life, faith, overcoming

Interpretation:
This verse from 1 Timothy tells us about the importance of fighting for our faith. Faith is a gift from God that we must protect, nurture, and develop throughout our lives.

What does it mean to “fight the good fight of faith”?

The word “fight” suggests that we are in a state of struggle, a spiritual fight. This could be a fight against temptation, sin, confusion, or adverse circumstances that could cause us to doubt our faith. “A good fight” means that the fight is not in vain, that we are fighting for something valuable, something worthwhile. We are not fighting alone, but God is on our side.

What does it mean to “lay hold on to eternal life”?

Eternal life is a gift from God offered to us through *Jesus Christ*. As we lay hold of it, we firmly grasp the promise of eternal life *in Christ* and strive to live according to His teachings. It is not enough to simply believe in eternal life; we must change our lives to live according to God's will.

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> Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord.
>
> *— Acts 3:19*

Book: New Testament / Acts

Topics: confession, conversion, Forgiveness, repentance, sin, transformation

Interpretation:
Acts 3:19 is a verse that calls us to repentance. In this Bible passage, *Peter* calls the people to repent and turn around so that their sins can be erased and they can receive God's comfort.

What does it mean to repent?

Before we delve into the meaning of *Acts 3:19*, it is important to understand what repentance means in the Bible. The Greek term used in this passage is *"metanoia,"* which literally translates as *"change of mind."*

Repentance involves changing the way we think, act, and relate to God. It is an admission of guilt and a decision to turn away from sin, pursuing a life of obedience, and fellowship with the Lord.

Why is repentance important?

Repentance is vital in the life of every believer. First, it allows us to be reconciled to God by confessing our sins and asking Him for forgiveness. Additionally, repentance helps us grow and develop spiritually because it encourages us to give up bad habits and adopt a lifestyle that is consistent with biblical principles.

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> We have sinned and done wrong. We have been wicked and have rebelled; we have turned away from your commands and laws.
> *— Daniel 9:5*

Book: Old Testament / Daniel
Topics: confession, law, sin

Interpretation:
Daniel 9:5 may seem like a simple confession of sin. But it is actually an important statement about the nature of man and his relationship with God.

Sin as a betrayal of God

In this verse, *Daniel* begins by implying that man has sinned, committed iniquity, acted wickedly, rebelled, and departed from God's commandments. It is important to note the use of the plural "have" in all of these statements. This implies that Daniel is not alone in his confession. He speaks on behalf of the people of Israel as a whole and, by extension, of all humanity.

Sin is seen here as a betrayal of God. Deviation from God's ways is alienation from the very source of life and truth. Sin is not only a betrayal of God, but also a betrayal of ourselves. By departing from God, we lose our purpose and our identity.

The importance of confessing sins

While acknowledging our mistakes and confessing our sins can be difficult, it is an essential part of our relationship with God. Confessing our sins helps us recognize our need for God and seek His forgiveness and grace. Only when we are able to acknowledge our sin can we receive forgiveness and healing.

Confessing our sins also helps us recognize our need for others. By confessing our sins, we realize that we cannot do everything ourselves. We need the help and support of others, especially those who share our faith and can help us grow spiritually.

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> Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded.
>
> *— James 4:8*

Book: New Testament / James
Topics: confession, purification, repentance, righteousness, sin

Interpretation:
James 4:8 is a call for intimacy and fellowship with God. The apostle *James* calls us to draw near to God so that He can draw near to us. This drawing near to God involves humility and a change in life that is reflected in our actions.

Draw close to God

Drawing near to God should be a priority in the life of every believer. It involves seeking constant fellowship with God through prayer, Bible reading, meditation, and worship. Closeness to God is vital to our spiritual life because it helps us grow in faith, gives us comfort in difficult times, and allows us to experience His unconditional love.

He will draw near to us

God is always ready to draw near to us, but we must take the first step. When we seek God sincerely and humbly, He always responds. It is important to remember that God is not far from us; He is always present in our lives; we just need to turn to Him.

Sinners, cleanse uour hands

The call to cleanse your hands refers to the need for repentance and confession. When we approach God, we must do so with a repentant heart, willing to change. If we have sinned, we must confess it, repent, and ask for forgiveness. Only then can we experience true forgiveness and the love of God.

Double-minded, purify your hearts

The term “double-minded” refers to those who have a wavering faith, who doubt and waver between the love of God and the love of the world. The call to purify the heart implies an inner transformation, where the believer decides to forsake sin and live a sanctified life *in Christ*.

Purifying the heart is a process that requires great discipline and persistence, but it is a vital task for our spiritual life.

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> Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.
> — *James 5:16*

Book: New Testament / James
Topics: confession, healing, Prayer, righteousness, sickness

Interpretation:

James 5:16 is a command to believers about the need for confession, prayer, and healing. First, we are told to confess our sins to one another. This can be difficult because we often want to hide our weaknesses and imperfections.

But confession is important because it allows us to release the guilt and shame that keep us from drawing closer to God. Furthermore, when we confess our mistakes to others, it makes us more vulnerable, more thoughtful, and allows us to learn from our own experiences and the wisdom of others.

The second part of the verse talks about praying for others. The effective prayer of a righteous person can do much to heal a hurting person. There is great power and strength in prayer, and when we pray for others, we lay their needs before God, asking Him to intervene in their lives and provide healing, comfort, and hope.

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> Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy.
>
> *— Proverbs 28:13*

Book: Old Testament / Proverbs
Topics: confession, Forgiveness, grace, mercy, repentance, sin

Interpretation:
In life, we all make mistakes and sins, some more serious than others. However, there is a Bible teaching that teaches us how to deal with our mistakes and how to obtain mercy. This is a powerful truth, and it is important that we understand it so that we can apply it in our lives.

It is natural to want to hide our mistakes and sins. We often feel embarrassed and afraid of the reaction of others. *But it is important to remember that there is nothing we can do to hide our sins from God*. He sees everything and knows everything. Moreover, hiding our sins can cause us to make more mistakes in the future. If we do not face our mistakes and sins, we will not be able to repent and learn from them. This can cause us to stray from what is right and lead us down a path of self-destruction and alienation from God.

Thankfully, God is a God of mercy and forgiveness. He wants us to repent of our mistakes and return to Him. There is always time to ask for forgiveness and find grace in His arms. As mentioned in *Proverbs 28:13*, if we confess our sins and turn from them, God promises to show us mercy and help us to walk in the right path. *It is important to remember that God wants the best for us and that His love is unconditional*.

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> When I kept silent, my bones wasted away through my groaning all day long.
> — *Psalm 32:3*

Book: Old Testament / Psalms
Topics: confession, sickness, sin, speaking

Interpretation:
Psalm 32:3 reflects on the physical and emotional impact of sin on a person's life. *David*, the author of the psalm, experienced great pain while remaining silent about his sin.

The first part of the verse is the key to understanding the meaning of this psalm. *"When I kept silent..."* That is, while David concealed his sin, his bones grew weak and his spirit weakened. This indicates that confession and release from guilt are essential for our mental and physical health.

Confession and release from guilt

Psalm 32 is known as a penitential psalm, in which David acknowledges his sin before God and asks for forgiveness. By openly confessing his sin, David found relief and deliverance. This psalm demonstrates that by confessing our sins, we can find comfort and healing.

Many people can relate to David's experience. We often experience guilt and shame and hide our sins. However, as *Psalm 32:3* reminds us, this can significantly impact our physical and emotional health. Keeping secrets to ourselves can create an emotional burden that negatively impacts our mental and physical well-being.

Therefore, it's important to learn from David's experience and seek God's help by confessing our sins. Moreover, it's crucial to have a supportive community in our lives where we can share our struggles and seek the help we need.

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> Then I acknowledged my sin to you and did not cover up my iniquity. I said, “I will confess my transgressions to the Lord.” And you forgave the guilt of my sin.
>
> *— Psalm 32:5*

Book: Old Testament / Psalms
Topics: confession, acknowledging, Forgiveness, sin

Interpretation:
Psalm 32:5 is one of the most important verses in the Bible because it speaks of the importance of confessing our sins to God. The main idea of ??this verse is that if we confess our sins, God will forgive us. This means that no matter what we've done, we can always turn to God and ask for His forgiveness.

The importance of confessing your sins to God

Confessing our sins to God is essential for maintaining a good relationship with Him. When we sincerely repent and ask for forgiveness, God not only forgives us but also helps us release the guilt and burden we feel because of sin. Therefore, by confessing, we open our hearts to God's grace and love and give ourselves the opportunity to grow spiritually.

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> For it is with your heart that you believe and are justified, and it is with your mouth that you profess your faith and are saved.
>
> *— Romans 10:10*

Book: New Testament / Romans

Topics: confession, acknowledging, faith, Salvation, speaking

Interpretation:
This verse is crucial to understanding the connection between what we believe internally and what we express externally. *Romans 10:10* talks about justice and salvation, and how these two realities relate to our confession of faith.

Believe with your heart to obtain justice

The first thing *Paul* emphasizes in this verse is the importance of believing in the heart. In the Bible, the heart does not refer only to a physical organ, but is a metaphor for our spirituality, our inner world. Paul tells us that it is through the faith within us that we attain righteousness. What does this mean?

The justice in question here is not social justice, but divine justice. In other words, believing with your heart means recognizing that you are a sinner and in need of God's salvation. It is believing that *Jesus* died on the cross for our sins and that through His sacrifice we can obtain the justice that God demands.

Confess with your mouth to be saved

The second aspect that this verse emphasizes is the importance of confessing with your mouth. Confession here does not mean admitting our sins to other people, but rather publicly confessing our faith in *Jesus Christ*. It means openly speaking about our faith in the Lord and declaring our devotion to Him.

This public confession is an important step in the life of a Christian because we join with other followers of Jesus and realize that we are part of a community of believers. In addition, public confession also helps us to strengthen our faith and become witnesses of God's love through our words.

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> If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved.
>
> *— Romans 10:9*

Book: New Testament / Romans

Topics: confession, acknowledging, faith, Jesus, speaking

Interpretation:
Romans 10:9 is one of the most important and foundational verses in Christian teaching because it establishes that the only way to attain salvation is to confess faith in *Jesus Christ* as Lord and believe in His resurrection.

Confession of faith

The verse begins with the phrase, *"If you declare with your mouth, "Jesus is Lord"."* The word *"declare"* implies a public declaration of our faith. That is, it is not enough to believe with all our hearts that Jesus exists; we must also proclaim it publicly.

Confession is not only an expression of our faith, but also an act of submission and obedience to God. In *Luke 12:8, Jesus* said, *"I tell you, whoever publicly acknowledges me before others, the Son of Man will also acknowledge before the angels of God."* In other words, by confessing our faith in Jesus, we also ensure that He will publicly recognize us before the angels of God.

Belief in the resurrection

The second part of the verse says, *"and believe in your heart that God raised him from the dead."* The word *"believe"* implies a deep personal conviction. That is, it is not enough to simply accept the idea of ??the resurrection, but we must believe it with all our being.

The resurrection is the most important event in the history of Christianity, for it is the irrefutable proof that Jesus was the Son of God. By believing in the resurrection, we affirm our faith in the divine sovereignty and victory of Christ over sin and death.

The promise of salvation

The verse ends with the promise, *"you will be saved."* This phrase summarizes the entire meaning of the verse, for it establishes that confession and faith are the most important requirements for obtaining salvation.

Salvation is the most valuable gift we can receive, for it is liberation from the bondage of sin. Once saved, we secure for ourselves eternal life in the *Kingdom of God*, where we will enjoy complete peace and happiness.

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> For all have sinned and fall short of the glory of God, and all are justified freely by his grace through the redemption that came by Christ Jesus.
> — *Romans 3:23-24*

Book: New Testament / Romans
Topics: confession, grace, Savior, sin

Interpretation:
Romans 3:23-24 captures the reality of our situation as humans in relation to God very well: we have all sinned and fallen short of the glory of God. Sin is a reality not only in the lives of those who do not know God, but also in the lives of believers. No one is perfect, and we all have flaws and weaknesses that separate us from God's will.

The consequences of sin

Not only does sin separate us from God, but it also has serious consequences in our lives. The Bible is clear that sin brings death, both physical and spiritual.

Physical death means the permanent separation of body and soul, while spiritual death means separation from God and the inability to enjoy eternal life in His presence.

God's plan for our salvation

Despite our sinful state, there is good news for all of us. God has not abandoned us in this situation of spiritual poverty, but has created a plan for our salvation. The Bible teaches that God sent *His Son Jesus Christ* into the world to die for our sins and to rise again on the third day, so that whoever believes in Him may have eternal life.

Are justified freely

When a passage says that we are freely justified by His grace, it means that we cannot earn salvation by our own works or merits. Rather, it is a gift from God that we must receive *through faith in Christ Jesus*. God's grace refers to His love and mercy for us despite our sins.

Furthermore, the atonement that is in Christ Jesus is the work He accomplished on the cross by sacrificing Himself for our sins. He became our ransom by paying the price we could not pay. Because of His death and resurrection, we have access to God's grace and justification.

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